

Information on the Broadway pool

i-Train gym, Sydney UniLodge, Corner Broadway and Bay St Broadway

Driving Directions to Broadway Shopping Centre (which is the easiest place to park)

If you are driving up George Street/Parramatta Road, heading away from the city, turn right into Mountain Street and then left into Smail Street. At the lights drive straight towards the car park which will take you into the Broadway shopping centre.

If you are driving along City Road, when you get to the Broadway/Parramatta Road intersection, turn right and then straight away turn left into Bay Street and drive down a little bit until you hit the car park entrance on your left to the Broadway shopping centre.

If you are driving along Parramatta Road towards the city, once you reach the Broadway Shopping centre, turn left into Bay Street and drive down a little bit until you hit the car park entrance on your left to the Broadway shopping centre.

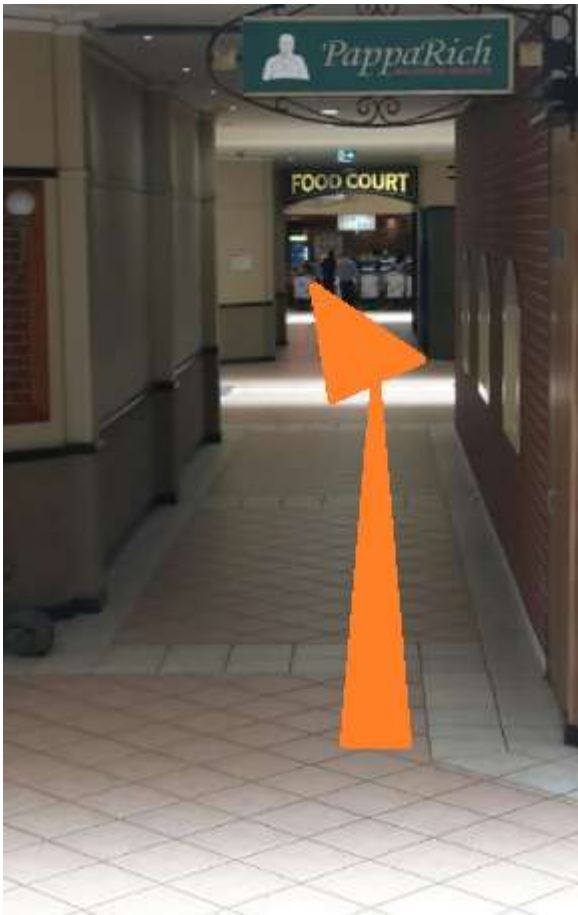
Walking to the pool from Broadway Shopping Centre

There is 2 hours free car parking at the Broadway Shopping centre. Plenty of time to grab a coffee with your new friends after the lesson (yummy Max Brenner is round the corner on Broadway!) or do a spot of shopping whilst here.

So, once in the shopping centre, get to the ground level and find the **Bay Street Exit** where there is an escalator that takes you down to the street. You are then on Bay Street and opposite you is the Unilodge Building where our lessons are held. Cross the road and walk a few meters up the road to this entrance pictured. Use entrance 1 if you need a ramp, or entrance 2 if you can bump the pushchair down a few steps or have a carry sling.



Proceed through the entrance and head for the food court. Go all the way to the end then turn left.



Head for **i-Train Gym**, walk all the way to the very end.



To access the pool

Once at the gym entrance, collapse your pushchair if you have one and store (see note below) enter the gym and you will see the pool towards the back of the building, the entrance is the door at the far right.

Changing Facilities

There are male and female changing areas with showers and toilets. There is also a small bench area in both changing rooms but it is safest to use the floor so there is no chance of baby falling off.

Alternatively, make use of the benches located around the poolside which you can use to sort yourself and baby - you may like to bring a yoga mat or an extra towel to lie baby on the floor. We have a few changing mats and Bumbo seats scattered around the pool and the massage room for your use if you wish.

Pool deck side room

You are more than welcome to use this room, however please ensure you are completely dried off before entering as there are people's belongings on the floor that will get wet. It is best that you bring your towel and baby's towel out at the start of your lesson and leave it poolside somewhere so that at the end of your lesson you can lie your baby down and dry yourself off.

Steps

You will notice that you have to walk up some steps to get to the pool deck. Please make sure that after your lesson you are completely dried off before heading down the stairs to the changing rooms. We are just trying to keep you, your baby and any spectators safe and we need to keep the steps as dry as possible.

Very Important Health and Safety requirements for this pool:

Prams: No prams, pushchairs or strollers are allowed poolside, in the changing rooms, in or outside the gym area as it is an OHS hazard.

Where can I store my pram, pushchair or stroller?: Whatever wheels you bring bubby in ***must*** be collapsible. As you approach the gym door, take the one step down and look to your right and you will see a green door (pictured to the right and circled in pink). This is a small room where you can store your pram/stroller. ***Please do not store within the painted yellow area.*** Do not leave any valuables here and always ensure you ***fold your pushchair or stroller up*** and not block the doorway as it is a fire escape.

Very important: When you are in this room you will notice another green door – please ***do not*** open it as it locks behind you and you will need to walk around the outside of the UniLodge building to regain access.

Lots of mums find it easier to bring baby in a sling or baby carrier. At any given time there are 10 bubs in the pool and 10 waiting to get in, that's a fair amount of pushchair parking requirements! Not having to collapse your push chair is a real time saver and allows you to get pool side and home quicker.

There will be no signs telling you where to go. If you are having any issues finding the door please come up to the pool deck and find a Duck and Dive staff member. Please don't speak to the i-Train staff as we are separate to them.

Spa: There is a spa next to our training pool that is unfortunately not for our use, tempting as it may be! This is an important safety point as our teachers are focusing on clients in their lesson.

Gym area: The gym is not part of our swim school, please do not use their waiting area for any reason. This is again for OHS requirements.

Food around the pool deck: The management of this pool stipulate that no food be consumed pool side.

